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## Town Guidance for Arboviral Infections

In the event of an arbovirus being present in a community, Maine CDC suggests the following recommendations:

- Draining sources of artificial standing water where mosquitoes can lay their eggs
- Covering exposed skin when outdoors
  - Long-sleeved shirts, pants, and socks
- Using Environmental Protection Agency (EPA) approved repellents
  - DEET, Picaridin, IR3535, or Oil of Lemon Eucalyptus on skin
  - Permethrin on clothing
  - Always follow the instructions on the product's label
- Avoid being outdoors during dawn/dusk when mosquitoes are most active
- Use screens on windows and doors to prevent mosquitoes from entering buildings
  - Repair torn screens
- Consult with an Integrated Pest Management (IPM) Specialist
  - Specialist can provide information on the use of products to control mosquitoes
- Consider rescheduling outdoor events including:
  - Sporting practices
  - Sports games
  - Any other events that put the public outside during peak mosquito activity

### School Specific Information:

- All school districts are required to have a District IPM Coordinator. This person should be a school's primary contact for controlling mosquitoes on their properties and should be contacted if an arbovirus is detected in the community.